

POWERLESSNESS of BEING GAY

Name :	Date :
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1. How has being GAY placed your life or the lives of others in jeopardy?
 - a. _____
 - b. _____
 - c. _____
2. How have you lost your self-respect due to not dealing with your sexuality?
 - a. _____
 - b. _____
 - c. _____
3. What is it about your denying who you are that your spouse/family/friends object to most?
 - a. _____
 - b. _____
 - c. _____
4. How have you tried to control being honest about your being gay?
 - a. _____
 - b. _____
 - c. _____
5. Give 5 examples of how denying being gay(loss of control) has revealed in your own personal experience:
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
6. What type of physical abuse has happened to you or others as a result of not embracing all of who you are?
 - a. _____
 - b. _____
 - c. _____
7. What is your current physical condition (heart, liver, etc.)?

8. What is the difference between admitting and accepting your being gay?

9. What convinces you that you can no longer deny all of who you are as a sober man or woman?

10. Are you a person needing to work on your internalized homophobia?

