

UNMANAGEABILITY

Name: _____

Date: _____

1. What does unmanageability mean to you?

2. What would you identify as "social unmanageability"?
 - a. _____
 - b. _____
 - c. _____
3. Give 6 examples of how you can be clean and sober and still have an unmanageable personality:
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
 - f. _____
4. Prior to treatment, what goals had you set for life?
 - a. _____
 - b. _____
 - c. _____
5. Prior to treatment, how did you try to achieve these goals?
 - a. _____
 - b. _____
 - c. _____
6. Give three examples of feelings you have tried to alter with chemicals:
 - a. _____
 - b. _____
 - c. _____
7. How have you tried to change your image prior to treatment?

8. What crises, besides the one that got you into treatment would have eventually happened?

9. What is different about you from other people?
 - a. _____
 - b. _____
 - c. _____
10. Give fifteen (15) reasons why you should remain in the A.A. house program:
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
 - f. _____
 - g. _____
 - h. _____
 - i. _____
 - j. _____
 - k. _____
 - l. _____
 - m. _____
 - n. _____